

Bridge Hall Primary Our curriculum intent is to learn, to explore, to share

Curriculum Mapping -

All themes and lessons provided by Kapow Primary. (PSHE/RSE) See HP for further information.

	Autumn Term		Spring Term		Summer Term	
EYFS	Learning to manage myself in the classroom	Making friends	Oral health - learning how to brush my teeth	Managing my feelings	Growing and changing	Transition
Y1	<p>Autumn 1: Families and Relationships.</p> <ul style="list-style-type: none"> ✦ I can talk about my family and how we are related ✦ I know that all families are different ✦ I know some ways to solve problems between me and my friends ✦ I can talk about what good friendship looks like ✦ I know that some information about me and my family is personal <p>Autumn 2: Health and Wellbeing</p> <ul style="list-style-type: none"> ✦ I know how to wash my hands properly and why we do it ✦ I know about sun safety ✦ I understand how much sleep can affect my health ✦ I know what I am good at ✦ I can tell you some different emotions and how to recognise them 		<p>Spring 1: Safety and the changing body.</p> <ul style="list-style-type: none"> ✦ I can tell you what services could turn up to an emergency ✦ I can talk about hazards in my home which might be dangerous to me ✦ I know some of the things I should not put in my body ✦ I can suggest things I would do if I got lost ✦ I know there are people in my community that help me <p>Spring 2: Citizenship</p> <ul style="list-style-type: none"> ✦ I know why people vote for things ✦ I understand why we have rules ✦ I know what a pet needs to be healthy ✦ I can tell you our school rules ✦ I understand that all people are different in lots of ways 		<p>Summer 1: Economic Well Being.</p> <ul style="list-style-type: none"> ✦ I know some of the ways to keep money safe ✦ I know it is wrong to steal and why ✦ I understand some of the skills needed for certain jobs ✦ I know some of the ways children might receive money ✦ I know that banks are a trusted way to keep money safe <p>Summer 2: Transition and Reflection</p> <ul style="list-style-type: none"> ✦ I can talk about what I've improved at this year ✦ I know what I would like to be better at ✦ I can talk about the positives and negatives of change 	

<p>Y2</p>	<p>Autumn 1: Families and Relationships</p> <ul style="list-style-type: none"> ✍️ I know what good manners are ✍️ I know families can be made up in different ways ✍️ I can talk about problems in friendships ✍️ I can suggest some ways to resolve conflict with friends ✍️ I am beginning to understand some ways that people can show their feelings <p>Autumn 2: Health and WellBeing</p> <ul style="list-style-type: none"> ✍️ I know how sugary foods and drinks affect our teeth ✍️ I understand the need for a healthy balance in my food ✍️ I know some strategies to manage my emotions ✍️ I can talk about perseverance and a growth mindset ✍️ I know the effects of exercise on my body and mind 	<p>Spring 1: Safety and the Changing Body</p> <ul style="list-style-type: none"> ✍️ I know the PANTS rule ✍️ I understand the difference between secrets and surprises ✍️ I know the names of my body parts ✍️ I can talk about how to be safe around medicine ✍️ I can cross the road safely <p>Spring 2: Citizenship</p> <ul style="list-style-type: none"> ✍️ I know the difference between rules and laws ✍️ I understand the differences between me and my friends ✍️ I know how to look after our school environment ✍️ I understand how basic democracy works in our school ✍️ I know why we have rules and the consequences of not having them 	<p>Summer 1: Economic WellBeing</p> <ul style="list-style-type: none"> ✍️ I know the difference between something I want and need ✍️ I can talk about some of the ways adults get money ✍️ I recognise people can make choices about how to spend their money ✍️ I know some things to look at when choosing a bank account <p>Summer 2: Transition</p> <ul style="list-style-type: none"> ✍️ I am aware of things I have got better at this year ✍️ I know what I want to get better at ✍️ I can identify people who can help me with changes ✍️ I know that change is a part of life and can be very positive
<p>Y3</p>	<p>Autumn 1: Family and Relationships</p> <ul style="list-style-type: none"> ✍️ I understand some similarities and differences between people ✍️ I know where to go for help if there is a problem in my family ✍️ I know bullying can be verbal or physical ✍️ I can talk about ways to resolve conflict in my relationships ✍️ I know about negative stereotypes 	<p>Spring 1: Safety and the Changing body</p> <ul style="list-style-type: none"> ✍️ I know what cyberbullying is and what I can do to respond to it ✍️ I can identify safe and unsafe ways to behave near roads ✍️ I understand what things and people can influence me ✍️ I can talk about choices and decisions I make ✍️ I can say what I would do in an emergency situation 	<p>Summer 1: Economic Well Being</p> <ul style="list-style-type: none"> ✍️ I know there are different ways to pay for things ✍️ I understand certain stereotypes around jobs ✍️ I that budgeting money is important ✍️ I can talk about a range of jobs available to me ✍️ I understand that money and emotions are sometimes linked

	<p>Autumn 2: Health and Wellbeing</p> <ul style="list-style-type: none"> ✍️ I know how best to look after my teeth ✍️ I know why relaxation is important and know ways to do this ✍️ I can understand how to break a problem down into smaller parts ✍️ I can talk about groups that I belong to ✍️ I understand the importance of a balanced diet 	<p>Spring 2: Citizenship</p> <ul style="list-style-type: none"> ✍️ I understand that children have rights ✍️ I know some consequences of breaking the rules and the law ✍️ I can talk about some ways to recycle at home/school ✍️ I know what a charity is ✍️ I understand the local council make some decisions about my community 	<p>Summer 2: Transition</p> <ul style="list-style-type: none"> ✍️ I can discuss progress I have made this year ✍️ I can talk about new challenges I am looking forward to ✍️ I am starting to use strategies to help me with change ✍️ I understand that change can often bring about opportunity
<p>Y4</p>	<p>Autumn 1: Family and Relationships</p> <ul style="list-style-type: none"> ✍️ I know families vary in the UK and across the World ✍️ I understand the terms bully, victim and bystander ✍️ I have explored physical and emotional boundaries in friendships ✍️ I understand stereotypes related to disability ✍️ I know what bereavement means <p>Autumn 2: Health and Well Being</p> <ul style="list-style-type: none"> ✍️ I know key facts about dental health and hygiene ✍️ I can talk about what helps me to feel calm and relaxed ✍️ I understand it is normal to feel a range of emotions 	<p>Spring 1: Safety and the Changing Body</p> <ul style="list-style-type: none"> ✍️ I understand some of the risks of sharing information online ✍️ I know the health risks of smoking ✍️ I understand that both male and female bodies change as we grow ✍️ I am learning how to help someone having an asthma attack ✍️ I can talk about what to do if an adult makes me feel uncomfortable <p>Spring 2: Citizenship</p> <ul style="list-style-type: none"> ✍️ I know human rights apply to all people ✍️ I understand the importance of reusing items, for the environment ✍️ I know some of the groups that make up my local community ✍️ I can tell you some of the people who help protect our human rights ✍️ I understand that local councillors make decisions that affect me 	<p>Summer 1: Economic Well being</p> <ul style="list-style-type: none"> ✍️ I know some ways in which money can be lost ✍️ I understand that people may have more than one job ✍️ I can talk about ways people lose money ✍️ I know there can be stereotypes in a workplace and how to overcome this ✍️ I know what positive/negative influences can affect my future career <p>Summer 2: Transition</p> <ul style="list-style-type: none"> ✍️ I am proud of the progress I have made this year ✍️ I can talk about future challenges and responsibilities ✍️ I know I can set goals and look forward ✍️ I can talk about the steps I might take to achieve those goals

	<ul style="list-style-type: none"> ✍️ I know who could help if I'm worried about my/others mental health ✍️ I can talk about the importance of a growth mindset 		
<p>Y5</p>	<p>Autumn 1: Family and Relationships</p> <ul style="list-style-type: none"> ✍️ I know some ways in which families might make children feel unsafe/unhappy ✍️ I know about marriage and what it can look like ✍️ I understand what might lead to someone becoming a bully ✍️ I can talk about the assumptions we make based on appearance ✍️ I can talk about my positive attributes, pride and self respect <p>Autumn 2: Health and Wellbeing</p> <ul style="list-style-type: none"> ✍️ I understand the risks of exposure to the sun ✍️ I can talk about differences between stress and relaxation ✍️ I know about calories and planning healthy meals ✍️ I know what I can do before bed to improve my sleep quality ✍️ I understand that failure is an important part of success 	<p>Spring 1: Safety and the Changing Body</p> <ul style="list-style-type: none"> ✍️ I know some of the risks of sending messages online ✍️ I am beginning to debate using arguments for and against ✍️ I understand the menstrual cycle and can name external sexual parts ✍️ I know where to get reliable information about puberty ✍️ I can talk about how to keep relationships online, safe <p>Spring 2: Citizenship</p> <ul style="list-style-type: none"> ✍️ I know what happens when someone break the law ✍️ I understand reducing our use of materials is good for the environment ✍️ I know Parliament is made up of the House of Commons, House of Lords and the Monarch ✍️ I can talk about government and what it is for ✍️ I can suggest ways people can bring about change in a community 	<p>Summer 1: Economic Well Being</p> <ul style="list-style-type: none"> ✍️ I understand money can be borrowed and paid back with interest ✍️ I know some ways to prioritise and budget ✍️ I know the meaning of income and expenditure ✍️ I understand different job roles pay different amounts ✍️ I understand some of the emotions associated when income changes <p>Summer 2: Transition and catch up</p> <ul style="list-style-type: none"> ✍️ I know how I have progressed and improved this year ✍️ I understand some of the roles and responsibilities I have in school ✍️ I can talk positively about changes and challenges I face ✍️ I can reflect on previous goals and say if successful

Y6

Autumn 1: Family and Relationships

- ✍ I understand that stereotypes can lead to bullying and discrimination
- ✍ I understand the concepts of negotiation and compromise
- ✍ I can identify ways to resolve conflict
- ✍ I know ways to challenge stereotypes
- ✍ I know that respect is something everyone deserves but it can be lost too

Autumn 2: Health and Wellbeing

- ✍ I know some actions to take if I am worried about my health
- ✍ I know that some changes in the body can be a sign of illness
- ✍ I can tell you about habits, good and bad
- ✍ I know the effects technology can have on mental health
- ✍ I can talk about achievable goals for a healthy lifestyle

Spring 1: Safety and the Changing body

- ✍ I know where to get help if I have problems online
- ✍ I understand the risks of drinking alcohol
- ✍ I can talk about how to help someone who is choking
- ✍ I know some problems that I might encounter during puberty and how to get help
- ✍ I can place someone in the recovery position

Spring 2: Citizenship

- ✍ I know education is a human right
- ✍ I can explain what discrimination is
- ✍ I know our food choices can affect the environment
- ✍ I can give an example of prejudice
- ✍ I can talk about the basics of National democracy

Summer 1: Economic Well being

- ✍ I recognise differences in how people deal with money
- ✍ I can talk about the risks associated with gambling
- ✍ I can talk about jobs I might want to do
- ✍ I know what the citizens advice bureau does
- ✍ I understand the role of bank accounts

Summer 2: Identity

- ✍ I understand what factors contribute to identity
- ✍ I can talk about body image a identity and know the media can manipulate body image
- ✍ I know about gender identity and can understand/respect people's needs and wishes

(transition work)

- ✍ I am aware of my own strengths and talents
- I understand areas I may still need to work on
- ✍ I can talk about my feelings and emotions around change
- I know change can bring worry but also opportunity

